

NEC COMM SUMMIT 2026
DIGITAL TRANSFORMATION & THE AI VENDING MACHINE

Capability without Captivity.

PARTICIPANT WORKBOOK

Pastor André Campbell · May 31, 2026

INSPIRED BY DIVINE INTELLIGENCE · GROUNDED IN HUMAN INTELLIGENCE · USING AI AS A
TOOL

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Key concepts

Write these in your own words. If you cannot, come back to it after the session.

The Great Compression

Each generation compressed the work of the previous one. AI is the next compression — not of music or money, but of thought itself.

In my own words:

Compression ≠ Comprehension

Just because a thing can be summarized does not mean it has been understood. Speed is not the same as wisdom.

In my own words:

Capability without captivity

Use the tool. Don't let the tool use you. Compression is fine. Captivity is not.

In my own words:

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The Great Compression

Trace the compressions yourself. Add your own at the bottom.

MUSIC

8-Track → Cassette → CD → MP3 → Streaming

MONEY

Checkbook → Debit → Chip → Tap → Digital Wallet

VOICE

Rotary → Car Phone → Cell → Smartphone → Smart Glasses

KNOWLEDGE

Encyclopedia → Library → Google → LLM

Your turn

Name one compression you have personally lived through. What did it speed up? What did it cost?

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What have we outsourced?

Take stock honestly. Mark which ones you've already handed off, and to what.

MEMORY

Outsourced to:

NAVIGATION

Outsourced to:

RESEARCH

Outsourced to:

WRITING

Outsourced to:

SCHEDULING

Outsourced to:

COMMUNICATION

Outsourced to:

The question that stays

Now that I know what I've already handed off, what must I keep in my own hands?

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Tool landscape — my notes

As we walk through the tool landscape, write the tool I will try this week beside each category.

DRAFTING & REASONING

Claude, ChatGPT — sermons, strategy, long-form.

The tool I will try this week:

RESEARCH & GROUNDING

NotebookLM, Perplexity — cited answers from YOUR docs.

The tool I will try this week:

IMAGES & VISUALS

Gemini, Nano Banana — social graphics, illustrations.

The tool I will try this week:

VOICE & TRANSCRIPTION

Plaud Note, Whisper — meetings, sermons, translation.

The tool I will try this week:

AUTO-CAPTIONS / SHORTS

Submagic, Opus Clip — sermon → social, accessibility.

The tool I will try this week:

AUTOMATION

Zapier, Make, APIs — chain outputs across tools.

The tool I will try this week:

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Prompt exercise

The formula: Role · Task · Context · Format · Guardrails.

Build a prompt of your own

ROLE — who is the model?

TASK — what is the job?

CONTEXT — what does it need to know?

FORMAT — what shape should the answer take?

GUARDRAILS — what must it not do?

Power phrases to try

Drop these into any prompt to change how the model thinks.

- ▶ "Set temperature to 0." — deterministic answers; facts, code, extraction.
- ▶ "Grep this for [pattern]." — extract every instance.
- ▶ "Premortem this plan." — imagine it fails. What went wrong?
- ▶ "Steelman the opposing view." — strongest opposing argument.
- ▶ "Think step by step." — triggers chain-of-thought reasoning.
- ▶ "What am I missing?" — universal blind-spot check.

- ▶ "Cite or admit uncertainty." — reduces hallucination.
- ▶ "Be brutally honest. Skip politeness." — cuts through sycophancy.

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Five guardrails

Initial each one as a personal commitment.

01 AI does the draft. Not the decision.

Let it speed the surface. Don't let it set the direction.

Initials: _____

02 Verify before you publish.

Every fact. Every citation. Every promise. Confident ≠ correct.

Initials: _____

03 Primary sources stay primary.

Read the text, not just the summary. The original is where the soul is.

Initials: _____

04 Discernment stays human.

When the stakes are spiritual, the judgment cannot be outsourced.

Initials: _____

05 The signature is still yours.

Whatever goes out under your name, it's still you, accountable, before God.

Initials: _____

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Personal action plan

Three commitments. Specific. Dated.

This week

The one tool I will try:

The one Project I will set up:

By when:

This month

The first workflow I will chain end-to-end:

The book I will read first (Siebel · Rice · Zuboff):

This quarter

What does "capability without captivity" look like in 90 days for me?

Closing word

We have always adapted. We adapted to the automobile. To the telephone. To the internet. We will adapt to Artificial Intelligence.

The question is not whether these tools will become more powerful. The question is whether we will remain wise enough to use them well.

Capability without captivity.

Signed: _____ Date: _____